

Visualization of Cell Adhesion Molecules on Cardiovascular Cells by Confocal Microscopy

P. Pietsch, M. Braun, S.B. Felix and G. Baumann

Medizinische Klinik Universitätsklinikum Charité Humboldt-Universität D-10098, Berlin, Germany

Cell adhesion molecules (CAM) are important glycoproteins which mediate cell-cell interactions. The expression of these molecules are modulated by a variety of mediators engaged in cell activation.

Common methods applied for the detection of CAM are cell ELISA, FACS or radioactive binding studies. All these methods summarize the expression on a great number of cells and do not visualize CAM on single cells. The quantitative detection of CAM expression on cultured cells by conventional epifluorescence microscopy is difficult because of the rapid photobleaching of the fluorescent dye. We established a method to visualize CAM on single cells using confocal microscopy.

MATERIALS AND METHODS

Human coronary and pulmonary smooth muscle cells were cultured on 3well glass-slides (DMEM-medium with 15% FCS). At cell-confluency, medium was changed to 1% FCS for 48 hours in order to synchronize the cell cycle. Cells were fixed with ice-cold methanol (10 min) and incubated with monoclonal antibodies against I(nter) C(ellular) A(dhesion) M(olecule)-1 and V(ascular) C(ell) A(dhesion) M(olecule)-1 (Dianova, 1:50, 60 min). The antigen-antibody-complexes were detected by a second antibody coupled with Cy-3 (Dianova, 1:50, 60 min). Immunofluorescence measurements were performed with the confocal laser scan microscope Odyssey XL (Noran instruments) using the inverted microscope

Diaphot 200 (Nikon). Specimen were studied with the 60x oil-imerion objective (NA 1,4). Probes were excited with the 515 nm line of a 10 mW multiline Argon ion laser and Cy-3 emission was detected at wavelengths >550 nm after passage through a 10 μ m slit aperture. Cells were localized at a framerate of 30/sec and pictures of individual cells were taken by averaging 120 frames. CAM expression was determined by two different ways: a) mean fluorescence intensity (from 3 to 255 arbitrary units) of the pixels forming single cells and b) the sum of the pixel intensities per cell area. We analyzed 10 cells per well and determined the mean value for each individual cell preparation.

RESULTS

Under basal conditions there was a low expression of CAM on vascular smooth muscle cells. The mean fluorescence intensity of basal expression amounted to 7 ± 2 (ICAM-1) and 6 ± 1 (VCAM-1) (n=3 coronary cell preparations). Control experiments with an indirect cell ELISA also showed very similar basal expression values of both ICAM-1 and VCAM-1.

CAM are regulated by cytokines on endothelial cells as well as smooth muscle cells (Carlos and Harlan 1994, Couffinhal et al. 1993). Using the ELISA technique we observed a marked stimulation of CAM expression with TNF α (10 ng/ml; 15 h) on a confluent cell monolayer (4-fold increase in optical density units). This stimulating effect

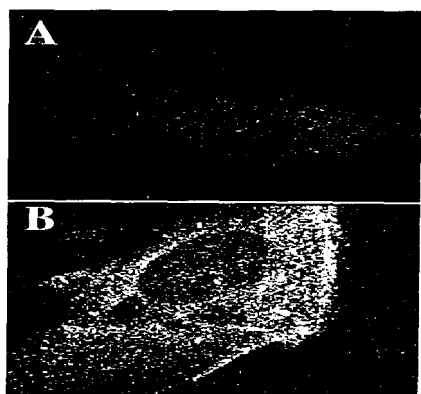


Fig. 1. ICAM-1 expression on single pulmonary SMC.

ICAM-1 expression on single human pulmonary SMC under conditions (A) and stimulated with $TNF\alpha$ 10 ng/ml

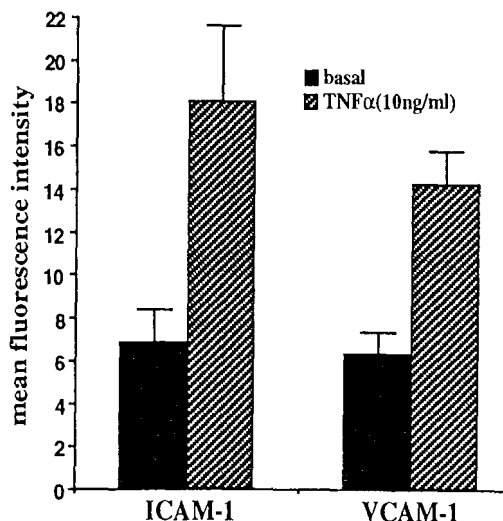


Fig. 2. Effects of $TNF\alpha$ on CAM expression of coronary SMC.

ICAM-1 and VCAM-1 expression (mean fluorescence intensity) on human coronary SMC under basal conditions (■) and after stimulation with $TNF\alpha$ (10 ng/ml, ▨) for 15 hours ($n=4-5$).

of $TNF\alpha$ was detectable on single cells by confocal microscopy. The mean fluorescence intensity amounted to 18 ± 4 (ICAM-1) and 14 ± 4 (VCAM-1) ($n=3$) (Figs. 1 and 2)

The stimulation of CAM expression induced by $TNF\alpha$ is based on de novo synthesis of the glycoproteins. Measurements with the ELISA technique showed that the stimulation could be abolished by preincubation of the cells for 3 hours

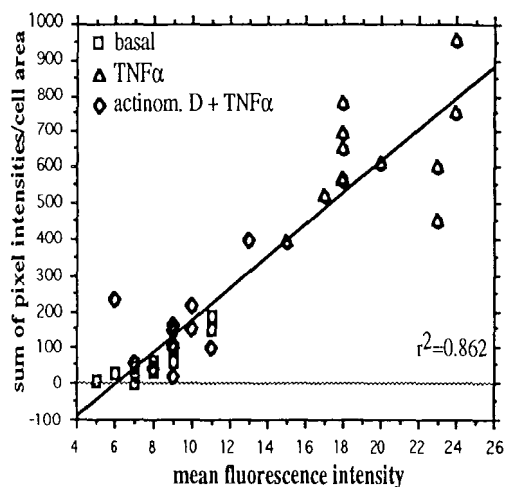


Fig. 3. ICAM-1 expression: correlation between mean fluorescence and the sum of fluorescence intensities per cell area.

ICAM-1 expression on human coronary SMC. Results from 34 individual cells under basal conditions (□), stimulated with $TNF\alpha$ (10 ng/ml, 15 h, Δ) and stimulated with $TNF\alpha$ after preincubation with actinomycin D (1 μ g/ml, 3h, ◇) are shown.

with the transcription-inhibitor actinomycin D (1 μ g/ml) or cycloheximid (10 μ g/ml), an inhibitor of protein biosynthesis. These inhibitory effects were also detectable on single cells by confocal microscopy. Fig. 3 demonstrates CAM expression on pulmonary smooth muscle cells under basal conditions, after $TNF\alpha$ -stimulation with and without actinomycin D preincubation. There is a good correlation between the two different detection methods we used to visualize CAM on single cells.

These data demonstrate that CAM expression could be visualized on single cells by confocal microscopy. The method is sensitive to detect low levels of basal expression and the effects of exogenously added substances could be demonstrated on single cell level. This method will provide a new technique to study the modulation of CAM expression on different cell types.

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