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Hormonal Regulation of Testicular Development in the Finless Porpoise *Neophocaena asiaeorientalis sunameri*: Preliminary Evidence from Testicular Histology and Immunohistochemistry

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Yang Xiao, Ghulam Nabi, Jiwei Yang, Yujiang Hao, and Ding Wang (2018) Sex hormones play a crucial role in regulating testicular development and maintaining spermatogenesis in the male reproductive system. Knowledge of hormonal regulation in odontocetes is limited to captive species. In this study, the characteristics of hormonal regulation during the testicular development were assessed by histological and immunohistochemical methods in the East Asian finless porpoise (*Neophocaena asiaeorientalis sunameri*), native to the Chinese Yellow/Bohai Sea coast, China. The testes mass, seminiferous tubule cross section diameter, thickness of the tunica albuginea, and the level of testosterone (T) expression increased abruptly at the age of 3-3.5 years (body length 140-145 cm). However, the estradiol (E_2) expression level decreased with age after 3 years. Therefore, we inferred that the male East Asian finless porpoise (EAFP) > 3 years old (body length > 140 cm) could be classified as the age of puberty onset. Immuno-localization with T was only observed in the interstitial fluid of all animals at all ages. In contrast, a positive reaction for E_2 and its receptor could be observed in the Leydig, myoid, Sertoli, and germ cells at different developmental stages. T is presumed to maintain the tubular microenvironment for spermatogenesis while E_2 may directly regulate spermatogenesis at the level of germ cells. Our findings provide useful information for understanding reproductive status and hormonal regulation in the male EAFP.

Key words: Cetacean, Reproduction, Sex hormone, Immunolocalization, Testes.

BACKGROUND

Gonadal development is regulated by sex hormones, including androgen and estrogen. In males, there is plenty of evidence indicating that both androgen and estrogen are essential in the regulation of reproductive physiology. Previous studies of mouse models have confirmed that the major androgen, namely testosterone (T), is required to maintain spermatogenesis (Singh et al. 1995; Yeh et al. 2002). Furthermore, estradiol (E_2) can also affect proliferation, differentiation, and function of the cells in the male reproductive system (Odonnell et al. 2001). Although testosterone and estradiol levels in rodent testes are much higher than those present in serum (Comhaire and Vermeulen 1976; Hess 2000), hormonal regulation of testicular development is still not completely

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understood. Androgen and estrogen effects are mediated by their receptors, AR and ERs, respectively (ER α affects spermatogenesis and ER β affects steroidogenesis) (Carreau et al. 2006). However, the sites of sex hormone action in the testes are different among mammals (Odonnell et al. 2001), which can lead to differential pathways to regulate spermatogenesis. Even in the same species, hormonal distribution and concentrations change with age from birth to adulthood (Bremner et al. 1994; Carreau et al. 1999). Therefore, a detailed understanding of the hormonal regulation in the testes is required to assess and manage male fertility.

In most cetacean species, reproductive hormone assays were conducted on blood samples collected from captive populations (Schroeder and Keller 1989; Robeck et al. 2005; Harrison and Ridgwa 2009). However, blood sampling can be quite difficult from wild cetaceans because they fully live in the ocean. Alternatively, the fresh carcasses, especially those collected as instant bycatch, could provide a unique opportunity to analyze sex hormone alteration in the testes. This may shed light on the reproductive endocrinology of wild cetaceans.

The EAFP is a recently recognized marine subspecies of the narrow-ridged finless porpoise. It has a wide range of distribution from the Taiwan Strait, north to the Yellow/Bohai Sea in China. and in the waters of Korea and Japan (Jefferson and Wang 2011). Due to the tremendous decline in population over the last decade, the IUCN Red List of Threatened Species updated its category from vulnerable to endangered (Wang and Reeves 2017). However, unlike its freshwater counterpart, the Critically Endangered Yangtze finless porpoise (N. a. asiaeorientalis, hereafter YFP), less attention has been given to understand the reproductive physiology of the EAFPs. In previous studies, only morphological and histological examination of the testes have been made in EAFP (Zhang 1992; Gao and Zhou 1993; Chang and Zhou 1995; Lee et al. 2013). Chen et al. (1997) did a preliminary study on serum T concentrations of the mature male YFP and Hao et al. (2007) was the first to report the relationship between serum T and E₂ in male YFP. However, until now, little is known about the reproductive endocrinology of the wild male EAFPs due to difficulties in collecting blood samples.

The purpose of this study was to (1) describe the histological development of testes regulated by sex hormones (T and E_2) with age, (2) investigate the distribution and expression levels of these two hormones and their receptors in testes from birth to adulthood, and (3) to understand the hormonal regulation of testicular development.

MATERIALS AND METHODS

Sampling

A total of 43 male EFPs were collected April-June in 2015 and 2016 from the Yellow/Bohai Sea, near the Penglai City, Shandong Province, China (Fig. 1). These animals were accidentally caught in gill nets and discovered within a few hours after death by local fishermen. Body length was measured from the tip of the beak to the notch in a fluke. Body weight was measured in the unit of 0.1 kg. Left testes removed from epididymis were weighed fresh in the unit of 0.01 g and preserved in 10% neutrally buffered formalin for histological development and steroid hormone expression examination. Teeth from the middle of the lower jaw were collected and stored at -20°C for age analysis.

Laboratory analysis

Age was estimated by counting the dentinal growth layer groups (GLGs) on thin sections of each tooth (Hohn 1989; Read 1993; Fernandez and Hohn 1998). The sampled teeth were decalcified with EDTA (0.5M, pH, 8.0, Servicebio, China) and sectioned to 30 μ m thicker through the middle of the pulp cavity by a cryoultramicrotome (Leica CM1950, Nussloch, Germany). The sections were then stained with Mayer's hematoxylin and observed under a light microscope (ZEISS, Jena, Germany). Age estimates were made without reference to collaborative data, such as body length and body weight. It was assumed that one dentinal GLG in the teeth of the finless porpoises forms annually (Gao and Zhou 1993). Thus, a single GLG, which consists of an opaque and a translucent layer was counted as a 1-year. If there was only an opaque layer, we estimated it as a 0.5-year. Individuals under 1 year were estimated by the age-length curve (Gao and Zhou 1993).

Testicular development was based on histological examination. Tissue taken from the center of 17 testes were embedded in paraffin, sectioned to 5 μ m by a microtome (Leica RM2235, Nussloch, Germany), and stained with hematoxylin-eosin for microscopic analysis

at magnifications of ×100, ×200 and ×400. Parameters were measured by Images Pro Plus 6.0 (Media Cybernetics, USA). Ten round seminiferous tubules were randomly identified for each testis. The seminiferous tubule cross section diameter (STD) was measured twice for each tubule at 90° angles to one another across the tubule based on a basal lamina (Clarke 1956). The thickness of tunica albuginea (TTA) was measured in 16 testes for one losing its tunica albuginea. Reproductive status was classified into three stages. Individuals with small testes mass, narrow seminiferous tubules, and no spermatozoa were considered immature. Pubertal individuals were determined to be bigger testis and tubules, and spermatocytes could be identified. Mature individuals had remarkably increased testes and tubules sizes and small interstitial tissue; the entire process of spermatogenesis was present in the tubules (Akin et al. 1993).

T and E_2 expression were detected using the Streptavidin-Biotin Complex kit (Boster, Wuhan, China). Left testes sections were dried for 60 min at 60°C, dewaxed in xylene and rehydrated with gradual ethanol to water. To demask antigen epitopes, the sections in sodium citrate buffer (pH 6.0) were boiled in a microwave at 120°C for 2 × 5 min. The sections were then soaked in 3% H₂O₂ in methanol for 10 min at room temperature (RT) to inactivate the endogenous peroxidase. Following rinsing in phosphate-buffered saline (PBS, pH 7.4) and blocking in goat non-immune serum for

20 min at RT, the sections were incubated with T antibody (GeneTex, USA, Monoclonal, 1:100 in PBS), E₂ antibody (Biorbyt, UK, Monoclonal, 1:80 in PBS), AR antibody (Boster, Wuhan, China, polyclone, 1:50 in PBS), and ERβ antibody (Boster, Wuhan, China, polyclone, 1:80 in PBS) at 4°C overnight. After washing with PBS, the sections were incubated with biotinylated second antibody to goat for rabbit IgG (Boster, Wuhan, China, polyclone) for 30 min at RT, and washed with PBS. Following incubation with biotin-avidin horseradish peroxidase complex for 20 min at RT and washed with PBS, the sections combined with antibodies were reacted with 0.02% diaminobenzidine tetrahydrochloride (DAB, Boster, Wuhan, China) and then counterstained with hematoxylin. Two tissue sections in which the primary antibody was replaced with PBS were as negative controls in each run. Images were collected under a light microscope (ZEISS, Jena, Germany) by a CCD camera (TUCSEN, Fujian, China), and integrated optical density (IOD) was analyzed by Images Pro Plus 6.0 (Media Cybernetics, USA).

Statistical analysis

The data were analyzed using the software SPSS19.0 for Windows (SPSS Inc., Chicago, IL, USA). The STD, TTA, and testis mass (TM) at different reproductive statuses were compared using the Student's independent t-tests. Scatter plots of STD, TTA, and TM against age as well



Fig. 1. Sampling location (black dot) of the East Asian finless porpoise.

as body length were used to analyze testis developmental trends. The Pearson correlation coefficient was calculated between T expression and E_2 expression. Data are presented as mean ± SD. Differences were considered significant at P <0.05.

RESULTS

Age estimation

Figure 2 shows a longitudinal slice of a tooth consisting of translucent and opaque zones under the transmitted light. The tooth is clearly divided into two parts by a highlighted neonatal line. The part inside of the neonatal line is dentine, and the outside is cementum. Ages were counted by GLGs in dentine, and basic data are shown in table 1. The oldest individual was 13 years old, while the youngest ones died about a month after birth.

Testicular development

The histological sections of 17 porpoises were examined. Animals aged 0 to 3 years had narrow seminiferous tubules with no spermatozoa. The tubules were lined with a layer of germinal

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Fig. 2. Growth layer groups (GLGs) in the thin section of a tooth. One GLG consists of an opaque layer and a translucent layer. The arrow represents the neonatal line. Scale bar = $200 \ \mu m$.

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Animal ID	Age (yr)	Body length (cm)	Body weight (kg)	Animal ID	Age (yr)	Body length (cm)	Body weight (kg)
M1	3.00	145.0	54.0	M23	0.10	82.0	8.0
M2	0.70	125.0	40.0	M24	0.70	124.0	34.4
M3	0.50	118.0	28.4	M25	0.50	115.4	26.4
M4	0.50	122.5	31.5	M26	4.50	141.0	42.8
M5	6.00	172.0	55.3	M27	4.50	164.0	56.7
M6	2.50	135.5	35.0	M28	7.00	194.0	77.7
M7	0.10	84.0	8.5	M29	2.00	133.0	31.5
M8	0.70	124.0	28.5	M30	7.50	192.0	71.5
M9	0.50	113.5	22.0	M31	1.00	125.4	30.0
M10	1.50	127.0	35.5	M32	0.50	117.8	33.4
M11	8.00	200.5	62.0	M33	0.50	112.7	27.0
M12	1.50	119.0	26.0	M34	2.50	130.0	34.0
M13	10.00	195.0	74.5	M35	1.50	130.2	27.8
M14	3.50	148.0	35.5	M36	0.50	116.6	28.7
M15	13.00	215.0	78.0	M37	5.00	163.0	48.3
M16	0.50	123.5	32.3	M38	1.00	127.0	31.3
M17	5.00	160.0	49.4	M39	12.00	198.0	67.1
M18	5.50	175.0	58.1	M40	4.00	148.2	47.1
M19	3.00	144.0	36.1	M41	1.00	118.0	27.8
M20	6.00	186.0	63.4	M42	2.00	133.0	35.1
M21	0.50	122.0	27.3	M43	12.00	205.0	76.1
M22	0.50	122.0	29.1				

epithelium comprising the Sertoli cells and a few primordial germ cells. Interstitial tissue can be observed between the seminiferous tubules. The Leydig cells were abundant among the tubules and the dominant component of the interstitial tissue (Fig. 3 A, B, C). The STD



Fig. 3. Histological sections of testes from birth to adulthood. LC: Leydig cells; SC: Sertoli cells; PG: Primordial germ cells; SG: Spermatogonia; PS: Primary spermatocytes; SS: Secondary spermatocytes; SPZ: Spermatozoa. (A) 0.1yr. (B) 2.5yr. (C) 3yr. (D) 3.5yr. (E) 4.5yr. (F) 6yr. (G) 8yr. (H) 13yr. Scale bar = 50 μm.

increased when the animal reached 3.5 years. The spermatogonia, primary spermatocytes and secondary spermatocytes were observed, and a few spermatids or spermatozoa could be identified (Fig. 3D). All stages of spermatogenesis were present in a 5-year-old animal with a large sum of spermatozoa appeared in the luminal part of the seminiferous tubules (Fig. 3E). The interstitial tissue of animals over 6 years old occupied very little space between the seminiferous tubules and was much larger than the previous stage in younger animals. There were relatively few spermatogonia and spermatozoa (Fig. 3 F, G, H).

Based on the testicular features, 11 specimens were classified as immature and 5 as mature. One porpoise was recognized as pubertal. The result of STD, TTA, and TM are shown in table 2. Due to the small sample size (n = 1), the measurements of the pubertal individual were not used for statistical analysis. The mean STD, TTA, and TM for mature porpoises were significantly higher than for immature ones (i < 0.01). All these parameters showed an abrupt increase at the age of 3-3.5 years, and 140-145 cm body length (Fig. 4).

Hormonal expression

A total of 12 porpoises were examined for immunohistochemistry. Immunolocalization with T was only observed in the interstitial fluid of all animals at all ages (Fig. 5 A, B, C). In contrast, a positive reaction for E_2 could be observed in both testicular interstitium and seminiferous epithelium (Fig. 5 D, E, F). In the interstitial compartment, specific labeling of E_2 was found in the Leydig cells. Staining was variable in myoid cells at different ages. In the tubular compartment, strong E_2 immunoreactivity was localized in the Sertoli cells and germ cells, including primordial germ cells, spermatogonia, spermatocytes, and spermatids. However, E_2 was not detected in the spermatozoa. AR was not detected in the testes (Fig. 6A). A positive ER β immunolocalization was observed in primordial germ cells from birth to adulthood. However, other germ cells did not express ER β . In addition, a strong immunopositive signal for ER β was only found in the Leydig cells and Sertoli cells, when the animal was immature (Fig. 6B, C, D).

There was a remarkably negative correlation between the IOD of T and E₂ (Fig. 7, r = 0.8, P < 0.01). The level of T expression was significantly lower than E₂ when the animal was younger than 3 years. Furthermore, with increasing age, the IOD of T showed an abrupt increase at 3-3.5 years. However, the intensity of E₂ expression exhibited an opposite trend.

DISCUSSION

The present results compare testicular development of the EAFP from birth to adulthood. The developmental changes were determined by alterations in the TM and steroid hormone levels along with the evolution of histological parameters such as STD and TTA. Previous data on testes obtained from the finless porpoise showed a growth spurt in TM and STD at 4-5 years, which then was regarded as the age of sexual maturity (Zhang 1992; Lee et al. 2013). However, testicular enlargement is the first physical manifestation of puberty in males (Weiner et al. 2003). Puberty is a process to attain sexual maturity that is essential for reproduction and the existence of a species (Ebling 2003). In our study, all the testicular parameters (TM, STD, and TTA) increased rapidly at 3-3.5 years, which may signal the onset of a division of the seminiferous tubules and the gradual formation of more germ cell types (Jiang 1998). In addition, we found few spermatozoa in a 3.5-year-old EAFP, which was classified as puberty. Although the presence of spermatozoa in testis has been used as a criterion of maturity in many delphinid males (Kasuya et al. 1974; Murphy et al. 2005), we consider that EAFP may not be

Table 2. Parameter estimates (mean ± SD) in the development of testes

Reproductive status	N	Seminiferous tubule cross section diameter (µm)	Thickness of tunica albuginea (μm)	Testes mass (g)
Immature	11	64.48 ± 7.91	245.38 ± 35.53	9.87 ± 3.76
Pubertal*	01	101.53 ± 0	496.84 ± 0	56.33 ± 0
Mature	05	223.59 ± 42.61	585.00 ± 59.15	762.00 ± 2 66.31

N: Number of individuals examined. (*): Excluded from statistical analysis.

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Fig. 4. Scatter plots of TM against age as well as body length (A, B); STD against age as well as body length (C, D); TTA against age as well as body length (E, F).

fully mature as testicular parameters were all less than mature porpoises but much greater than immature porpoises.

In this study, characteristics of hormonal regulation during testicular development were

assessed through T and E_2 expression in the testes by immunohistochemistry. We found that the positive reaction for T was only observed in the interstitial fluid. The T is synthesized by the Leydig cells in the interstitial compartment of the



Fig. 5. Immunoexpression of testosterone (A: 0.1yr, B: 3.5yr and C: 8yr) and estradiol (D: 0.1yr, E: 3.5yr and F: 8yr) in testes from birth to adulthood. Upper insert on panel A: negative control. Black arrows represent spermatozoa. Scale bar = $50 \mu m$.



Fig. 6. Immuno-expression of AR (A:3.5yr.) and ER β (B: 0.1yr., C: 3.5yr. and D: 8yr.) in testes. Scale bar = 50 μ m.



Fig. 7. IOD of testosterone and estradiol with respect to age.

testis and secreted into the seminiferous tubules (Dohle et al. 2003). Androgen effects are mediated by AR, which is present in the peritubular myoid cells, Levdig cells, and Sertoli cells (Sar et al. 1990). However, whether germ cells express AR has remained controversial. Several studies have demonstrated AR-positive staining in the germ cells among mammals (Vornberger et al. 1994; Zhou et al. 1996; Merlet et al. 2007), while other studies reported no immunostaining in these cells (Bremner et al. 1994; Suarezquian et al. 1999). Therefore, it is assumed that T may not act directly on the germ cells. However, it may function through the Sertoli cells by expressing AR and supporting germ cell development (Sar et al. 1990; Johnston et al. 2001). Furthermore, it has also been suggested that T can act directly upon germ cells and is transported into these cells by androgen binding protein (Larriba et al. 1995; Joseph et al. 1997). Due to the specificity of the antibody to human hormones, we did not detect AR in the EAFPs. Observations of T in our study suggest that it may help to maintain the tubular microenvironment for spermatogenesis.

T within the testis can be metabolized into E₂ by aromatase. Aromatase activity has been measured in rat Leydig cells and Sertoli cells (Papadopoulos et al. 1986). However, in humans, the aromatase is mainly present in germ cells, which means a new source of E2 (Carreau S 2002). The role of E_2 in the development of the male reproductive tract is still under debate, although there is growing evidence suggesting that E₂ may directly regulate spermatogenesis. The observations that an aromatase inhibitor reduces spermatid maturation in rats and dogs (Tsutsumi et al. 1987ab) indicate that E₂ could play a role in germ cell transformation and sperm maturation. The fact that ER β is present in mammalian germ cells of various stages of their development has been reported in several studies (Bilinska et al. 2001; Makinen et al. 2001; Lucas et al. 2008). Nevertheless, none of these previous studies reported the localization of E2 and ER in the testes in cetaceans. Our finding shows that E_2 and $ER\beta$ are respectively present in germ cells in different developmental stages. It suggests that germ cells are both the synthesis and target cell for E_2 in EAFP, and spermatogenesis may be regulated directly by E2 at the level of germ cells. In addition, the observations regarding the distribution of $ER\beta$ in somatic cells (Leydig and Sertoli cells) suggest that estrogen may be involved in proliferation and differentiation in these cells.

The quantitative relationship between local testosterone concentrations and spermatogenesis has been the subject of numerous studies and debates (Turner et al. 1984; Rommerts 1988; Sharpe et al. 1988). Zirkin et al. (1989) found that spermatogenesis does not proceed in the absence of relatively high levels of testosterone (more than 70 nM) in the rat. In the present study, testosterone expression intensity was relatively lower when EAFP was immature, and spermatozoa were not found in the seminiferous tubules. After 3-3.5 years of age, testosterone intensity increases significantly with age and varies in adult animals as other cetacean species (Desportes et al. 1994; Rolland et al. 2005). It has become well established that testosterone is essential to enabling the timely initiation of puberty (Gromoll et al. 2000). The observations of T level in our study indicate that in EAFP, the onset of puberty could begin at 3 years of age. Interestingly the intensity of E₂ exhibited an opposite trend, declining rapidly. A previous study demonstrated that plasma testosterone concentrations were closely correlated with estradiol concentrations in male minke whales (Balaenoptera acutorostrata) during the breeding season (Suzuki et al. 2001). In the YFP, Hao et al. (2007) observed a weak positive correlation between serum T and E_2 concentrations (r = 0.39, P = 0.08). In contrast, our observation shows that testicular T and E₂ were negatively correlated. We considered that circulating steroid concentration might be influenced by metabolism when these hormones are released into the blood. It is reported that ER α -deficient mice displayed higher levels of testicular testosterone secretion than wildtype mice in early fetal and neonatal development (Delbes et al. 2005). This observation shows a clear negative effect of endogenous estrogens on the activity and differentiated functions of the Leydig cell. As a result, we infer that the high value of E₂ in immature EAFP may physiologically inhibit the synthesis of T by acting directly on the testis.

CONCLUSIONS

This study characterizes puberty based on testicular development and a parallel increase in testicular testosterone level, which attests that maturational changes in spermatogenic and steroidogenic components occur simultaneously. Consequently, based on the histological and immunohistochemical evaluation, we infer that the male EAFPs > 3 years old (body length > 140 cm) can be classified as the age of puberty onset. It is expected that these findings will provide useful information for understanding reproductive status and hormonal regulation in male EAFP. However, because of the limitations imposed by the number of individuals, we are cautious about making a comprehensive conclusion regarding the reproductive physiology of the EAFP. Further work should attempt to obtain data from animals at puberty to provide baseline information for investigating the endocrine dynamics in wild EAFP.

List of abbreviations

EAFP, East Asian finless porpoise. T, Testosterone. E₂, Estradiol. AR, Androgen receptor. ER, Estrogen receptor. YFP, Yangtze finless porpoise. GLGs, Growth layer groups. STD, Seminiferous tubule cross section diameter. TTA, Thickness of tunica albuginea. TM, Testes mass. RT, Room temperature. PBS, Phosphate-buffered saline. IOD, Integrated optical density.

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Authors' contributions: YH conceived and designed the research, YX and JY performed the field work. YX performed the statistical analyses. YX, GN and YH wrote the paper. DW provided the resources and funds.

Competing interests: YX, GN, YH, JY and DW declare that they have no conflict of interest.

Availability of data and materials: All the data are provided within the manuscript.

Consent for publication: Not applicable.

Ethics approval consent to participate: All the procedures strictly adhered to Chinese law and ethical guidelines for wild animals.

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